WHL News

WHL/CHL Host Traditional Chinese Medicine Symposium

The World Hypertension League (WHL) and the Chinese Hypertension League (CHL) jointly hosted the Symposium on “Traditional Chinese Medicine for Management of Hypertension” on September 26, 2010. Dr. Liu Lisheng, President of WHL and Dr. Arun Chockalingam, Secretary General of WHL co-chaired this symposium which began on the first day of the 5 day meeting of the 23rd International Society of Hypertension in Vancouver, Canada.

Dr. Yu Qing Zhang, Dr. Xin Yu Wang, Dr. Zhaosu Wu, Dr. Liu Lisheng, Dr. Arun Chockalingam, Dr. Limin Hu, Dr. Xin-Hua Zhang

The Traditional Chinese Medicine (TCM) is a system followed for thousands of years using herbs, roots and leaves of plants. According to its protagonists it appears to have little or no side effects. Unlike modern medicine, where we practice on evidence-based medicine, TCM has been practiced based on observations and outcomes. In order for the Western world to understand the science behind TCM and the mechanism of action of various Chinese herbal medicines, the WHL organized this special

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WHL Announcement

WHL Newsletter Editor

After ten years of invaluable service to the hypertension community as editor of the WHL Newsletter, Dr. Anja Kroke is stepping down due to personal reasons. During her tenure, over 60 editions of the WHL newsletter were published. The newsletter has evolved from a printed version to an electronic publication with an overall circulation of over 50,000 copies per issue distributed to member countries and national hypertension organizations around the world.

We cordially welcome Dr. Daniel T. Lackland (see also page 3) who has graciously agreed to take on the editorship of the WHL Newsletter.

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symposium. We are very pleased to have brought together eminent scholars in TCM to address this issue for the benefit of many of us from every corner of the world.

It is well known that Chinese traditional medicine has a very, very long history starting from China’s earliest classic work on medicine – the Chinese Yellow Emperor Huang di Nei Ching (Classic of Internal Medicine) which was completed between 401–221 BC and preserved to this day. This classic work on medicine contains thousands of years of experience gained by the Chinese people in fighting against diseases. It is difficult to understand its philosophy and theory from the present-day point of view, and it is also difficult to try and combine Western medicine with TCM says Dr. Liu Lisheng. Dr. Wu Zhao-su, the President of the CHL said that although the theory and art of TCM are different from western medicine in many ways, its basic philosophy is quite comparable with each other.

The following topics were presented by the experts from China and Hong Kong:

- The anti-hypertensive effect and mechanism of Yang-Xue-Qing-Nao Granules - Prof. Limin Hu, The Key Laboratory of Traditional Chinese Medicine Pharmacology in Tianjin, Tianjin University of TCM, China.
- Puerarin attenuates cerebral damage through improving cerebral microcirculation in SHR – Prof. Xinhua Liu/Prof. Xingyu Wang, China.
- Adjunctive Danshen (丹参) and Gegen (葛根) Therapy Improves Atherogenic Process: A Final Report of Double-blind Placebo Control Trail High Risk Hypertension - Dr. Yu Qing Zhang from China/Dr. Ping-Chung Leung from Hong Kong.

Extensive discussions followed the three presentations in which many scientists from different parts of the world actively participated. Dr. Chockalingam noted that symposium on TCM at such international gatherings is the first of its kind and hopes to see more in the future.

The WHL would like to thank Dr. Liu Lisheng and Dr. Xin-Hua Zhang, Executive Board Member of WHL and our CHL council members who helped to put together this symposium.

WHL News

Report from the 23rd WHL Council Conference, Vancouver, Canada

The 23rd WHL Council Meeting was held on September 26, 2010 in conjunction with the 23rd International Society of Hypertension. Dr. Liu Lisheng welcomed all the members. Dr. Chockalingam, gave a report on the latest WHL activities. The representatives from 10 organizations gave a short presentation about their society and their latest projects. The council members who provided their respective country reports were: Prof. R.K. Khandaker from Bangladesh, Dr. Norman Campbell from Canada, Dr. Zhao-su Wu from China, Prof. Anastasios Lasaridis from Greece, Dr. Adel E. Berbari from Lebanon, Prof. Mohammad Ishaq from Pakistan, Dr. Dragan Lovic from Serbia, Dr. Mustafa Arici from Turkey, Dr. Mehdi Zoghi also from Turkey (Turkish Association of Hypertension Control) and Dr. Denise Simons-Morton from the U.S.A. Dr. Denise Simons-Morton, Director, Division for the Application of Research Discoveries of the National Heart, Lung, and Blood Institute (NHLBI) delivered a special presentation. The range of solutions utilized by different countries to tackle the growing burden of hypertension was interesting and innovative. All countries implemented World Hypertension Day.

Dr. Chockalingam presented the activities of the NHLBI’s new Office of Global Health (OGH), of which he is the inaugural Director. The OGH is engaged in promoting research and training in low- and middle-income countries through NHLBI funded Centres of Excellence (COE) in 10 countries. He referred to the new document released by the Institute of Medicine (Promoting Cardiovascular Health in the Developing World). This report specifically calls on WHL to implement interventions at the community level in all developing nations. He informed the council that there are plenty of opportunities for WHL country members to interact with COEs both in promoting research and partnering with them for political advocacy within their own countries. Furthermore, he called on the Council’s attention to the United Nation’s High Level Meeting scheduled for June 2011 to address chronic non-communicable diseases. To this effect he suggested that each council member work with

Dr. Arun Chockalingam

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As Dr. Kroke received her appreciation plaque, the WHL Secretary General Dr. Arun Chockalingam and the President Dr. Liu Lisheng thanked her for her outstanding contributions to the development of the League over many years.

Dr. Arun Chockalingam

**WHL Board Rotation**

The WHL gratefully acknowledges the dedicated services of the following Board members:

Dr. Alfredo Dueñas from Cuba (2008-2010)
Dr. Anja Kroke from Germany (2000-2010) also served as our Newsletter Editor.
Dr. Lars Lindholm from Sweden (2006-2010) as an ISH ex-officio member.

All of them were recognized for their contributions at the WHL dinner on September 25th in Vancouver, Canada.

**WHL New Members**

The WHL welcomes the following three new Board members who began their two-year term as of October 2010.

Dr. Daniel T. Lackland is Professor of Epidemiology in the Department of Neurosciences at the Medical University of South Carolina. He is a Fellow in the American College of Epidemiology, American Society of Hypertension, and American Heart Association. He is a member of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 8), and the NHLBI Global Risk Assessment work group.

Dr. Adel E. Berbari is Professor of Medicine (Nephrology) – Physiology, American University of Beirut Medical Center Fellow, High Blood pressure Council – AHA and American College of Physicians. He is also a member of several international societies of Nephrology, Hypertension, President, Lebanese Hypertension League and Editor-in-Chief, Lebanese Medical Journal. He has published over 65 articles, authored/edited 4 books (Hypertension and related cardiovascular disorders) and has reviewed several hypertension journals.

Professor Stephen Harrap is the currently President of the International Society of Hypertension and will serve on the WHL Board as an ex-officio member. He has an ongoing commitment to hypertension that encompasses clinical (as a specialist physician), research (in human and experimental genetics of blood pressure and its complications) and teaching (as Chair of Physiology) perspectives.

As Dr. Kroke received her appreciation plaque, the WHL Secretary General Dr. Arun Chockalingam and the President Dr. Liu Lisheng thanked her for her outstanding contributions to the development of the League over many years.

Dr. Dueñas from Cuba after receiving his plaque noted that his association with WHL was a long standing one. He, together with Dr. Chockalingam (Canada) and Dr. Liu Lisheng (China), was a contributor to the WHL/WHO Patient Education Project in six countries conducted during the time period 1992-1996. Other three countries were Ghana, Africa; Hungary, Europe; and Russia.
In September 2010, the Algerian Society of Hypertension elected new officers for the period of 3 years: Prof. Salim Ben Khedda is President, Prof. Ahcene Chibane is President Elect and Dr. Mohammed Tahmi is General Secretary. The address of the Society is: BP 442, Hydra, Alger, Algeria.

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Electronic Newsletter Delivery

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Impressum
The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

Board Officers:  
Dr. Liu Lisheng (Beijing, China), President  
Dr. Lawrence Beilin (Perth, Australia), Vice-President  
Dr. Arun Chockalingam (Washington, DC, USA), Secretary General

Members:  
Dr. Adel E. Berbari (Beirut, Lebanon)  
Dr. J. George Fodor (Ottawa, Canada)  
Dr. Graham MacGregor (London, UK)  
Dr. Bruce Neal (Sydney, Australia)  
Dr. Anita Rieder (Vienna, Austria)  
Dr. Xin-Hua Zhang (Hong Kong)  
Dr. Daniel T. Lackland (Charleston, SC, USA), Editor WHL Newsletter

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Calendar

5th Portuguese Congress of Hypertension  
February 17-20, 2011  
Algarve, Portugal  
Information: Dr. José Alberto Silva, Portuguese Society of Hypertension, Av. Visconde de Valmor, n°12, r/c dtº-A, 1000-291 Lisbon, Portugal  
Fax: (+351-21) 796-0098  
E-mail: geral@sphta.org.pt

PreventIndia Conference on CVD Prevention  
February 19-20, 2011  
Hyderabad, India  
Information: Dr. Ramesh Babu  
E-mail: preventindia@rediffmail.com

12th National Congress on Hypertension  
March 17-19, 2011  
Athens, Greece  
Information: Hellenic Society of Hypertension, 111, Vas. Sofica. Ave., 115 27 Athens, Greece  
Fax: (+30-210) 640 0767  
E-mail: gramatia@hypertasi.gr  
Website: http://www.hypertasi.gr

Annual Meeting of the Turkish Association of Hypertension Control  
May 6-8, 2011  
Izmir, Turkey  
Information: Kibris Şehitler Caddesi 1441 Sok. 2/13 Alsancak-Izmir, Turkey  
Fax: (+90-232) 422 4777  
E-mail: sekreterya@hiperder.org  
Website: http://www.hiperder.org/en/

21st European Meeting on Hypertension  
June 17-20, 2011  
Milan, Italy  
Information: Aim Group – AIM Congress, Via Flaminizia 1068, 00189 Rome, Italy  
Fax: (+39-06) 2332 5630  
E-mail: esh2011@aimgroup.eu

13th International Symposium of Hypertension and Related Diseases  
November 4-6, 2011  
Beijing, China  
Information:  
Website: http://www.bhli.org.cn