WHL Children’s Art Poster Contest Winners Announced!

In conjunction with World Hypertension Day 2017, the World Hypertension League launched an art poster contest among children, coordinated by Dr. Edward Roccella, National Heart, Lung, and Blood Institute and the Linda Joy Pollin Cardiovascular Wellness Centre for Women, Hadassah, Israel, asking children to draw or paint a poster alerting the viewer of the danger and describing methods to prevent hypertension. First, second and third places were awarded in the participating Jewish and Arabic schools and are displayed here:

First Place: *The Ten Commandments* – by Grade 6B

First Place: *A Healthy vs. Clogged Artery* - by O.S., S.B.B. & Z.Z.

Second Place: *The Heart* - with sayings by Jewish sages regarding the importance of looking after one’s health, both physical and emotional – by 12th Grade Special Ed Classes
**Third Place:** The Effect of Blood Pressure on the Heart – by S.A., A.A., L.A., D.A.H.

**Third place:** Three components of lowering your blood pressure – Quitting to smoke, a balanced diet and physical activity – by S.R.