Profile

The Philippine Society of Hypertension (PSH), composed of a multisectoral representation of health providers and allied professionals, held its 2nd annual meeting on February 1, 1996, as a pre-congress satellite meeting of the 23rd International Congress of Internal Medicine. Dr. Trefor Morgan, Dr. Kiyoshi Kurokawa, Dr. John Reid, Dr. Colin Johnston, Dr. James Burris, Dr. Thomas Lüscher, Dr. James Shepherd and Dr. Rodolfo Paoletti were guest speakers. At that meeting, the work of the multisectoral task force on the development process was made up of four parts namely (1) Preparation of Evidence Based Report (EBR) by a Technical Research Committee whose members tracked, retrieved, and appraised current evidences pertaining to the management of hypertension with an evidence grading system patterned after a system developed by the Canadian Hypertension Society. (2) Preparation of the Intermediate Report based on the draft prepared by the members of the multisectoral task force. (3) Preparation of the Penultimate Report, a third draft prepared after consensus gathering using the modified Delphi technique. A consensus was deemed to have been reached when more than 75% of the panelists, voted in favor of a particular statement. (4) Preparation of the Final Report after consideration of the comments and feedback of non-panelists which included representatives of pharmaceutical companies, heads of related societies and decision makers.

The presentation and discussion of the final draft was held on July 27, 1996. For purposes of coordination, a memorandum of understanding was made between the Philippine Society of Hypertension

WHL News

17th Council of the World Hypertension League to be held in Montréal, June 28, 1997

The 17th Council Meeting of the World Hypertension League will be held on June 28, 1997, in Montréal, Canada, in conjunction with the 4th International Conference on Preventive Cardiology, jointly with the 37th Annual Meeting of the Council on Epidemiology and Prevention of the American Heart Association.

The number of WHL members has grown remarkably over the past years. Those who remember our previous Council Conferences – the most important WHL meetings – know that we tried to listen to and discuss the reports of every member organization. This year, for the first time, we will call for abstracts from the member organizations and have oral presentations of the six best reports. Details of how to submit abstracts will be published in the upcoming Newsletters.

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WHL Council Conference continued

Of course, once the Council meets, we will take the opportunity to discuss scientific issues in a symposium on congestive heart failure and the role of salt intake in hypertension. The preliminary program of the symposium is published below.
I would like to cordially invite every member organization to come to Montreal and join us at the Meeting. It is your input and your experience that makes the Council the most important meeting.

I am very much looking forward to welcoming you in Montréal.

WHL President

Program of the 17th Meeting of the WHL Council
Montréal, Canada
June 28, 1997

8.00 – 10.00 Business Meeting
10.00 – 10.30 Report on the Patient Education Project
Martha Hill
10.30 – 10.45 Nurses' Role in Educating the Hypertensive Patient
Member Organizations
Presentation of the six best abstracts received
11.45 – 12.00 Peter Sleight
Summary

13.00 – 13.30 Teri Manolio
Epidemiology of Congestive Heart Failure with Special Reference to Hypertension
13.30 – 14.00 William Kannel
Prevention of Congestive Heart Failure in Populations: The Importance of Hypertension Control
14.00-14.30 Recent Advances in Treatment of Heart Failure:
- Beta-blockers
- ACE inhibitors
- Angiotensin receptor antagonists
- Other vasodilators
14.30 – 15.00 Panel Discussion:
Congestive Heart Failure
Chairman: Peter Sleight
- Four Presidents of Member Leagues
- Michele Beevers: Nurses' role
15.30 – 16.00 Derek Denton
Role of Salt in Hypertension: Scientific Evidence
16.00 – 16.30 Paul Elliot
Intersalt Study Revisited: Importance for Populations and Prevention of Hypertension and Congestive Heart Failure
16.30 – 17.00 Panel Discussion:
Salt Content of Food in Different Countries
Chairman: Detlev Ganten
- Four Presidents of Member Leagues
17.00 – 17.30 Paul Whelton
Methodology for Determining Prevalence of Hypertension and Other Risk Factors in Populations
17.30 – 18.00 M. Mohsen Ibrahim
Application of Methodology to Egyptian Population
19.00 – 20.00 Reception
20.00 – 22.00 Dinner

WHL Goes Internet

New Member
The WHL Executive Board at its Meeting on June 22, 1996, in Glasgow admitted the Hong Kong College of Cardiology into WHL membership. The president is Dr. Chun-Ho Cheng, #1208 Lane Crawford House, 70 Queen's Road C, Hong Kong.

WHL News continued

Electronic publishing is changing the way we communicate. The WHL has also entered the data highway and created its homepage. We invite you to visit our site at: http://www.mco.edu/whl. You can read the Ottawa Statement online, check on the activities and projects of the WHL, scan the list of Board Members, review the history of the WHL, look at the top three winning posters of the International Art Competition, and receive tips on “Know your blood pressure”. See you on the net!
### Directory of WHL Members
#### Part One

<table>
<thead>
<tr>
<th>Country/Region</th>
<th>Member Organization</th>
<th>President/Co-President</th>
<th>Address</th>
<th>Telephone/Telefax</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Americas</td>
<td>Inter-American Society of Hypertension</td>
<td>Dr. Haralambos Gavras</td>
<td>Boston University, School of Medicine, Hypertension Section Boston City Hospital Boston, MA 02118-2394</td>
<td>(1)-617-638-4025 (1)-617-638-5259</td>
</tr>
<tr>
<td></td>
<td>International Society on Hypertension in Blacks</td>
<td>Dr. James W. Reed</td>
<td>2045 Manchester Street, N.E. Atlanta, GA 30324-4110</td>
<td>(1)-404-875-6263 (1)-404-875-6334</td>
</tr>
<tr>
<td>Argentina</td>
<td>Argentine Society of Hypertension</td>
<td>Prof. Emilio Kuschnir</td>
<td>Hospital Nacional de Clinicas Santa Rosa 1564, 5000 Cordoba</td>
<td>(54)-51-80-0857 (54)-51-80-0857</td>
</tr>
<tr>
<td>Australia</td>
<td>National Heart Foundation of Australia</td>
<td>Dr. Paul Magnus</td>
<td>P.O. Box 2 Woden A.C.T. 2606</td>
<td>(61)-6-282-2144 (61)-6-282-5147</td>
</tr>
<tr>
<td>Austria</td>
<td>Austrian Hypertension Society (Austrian Hypertension League)</td>
<td>Prof. Dr. F. Skrabal</td>
<td>Krankenhaus der Barmherzigen Brüder, Dept. of Internal Med. Marschallgasse 12 8020 Graz</td>
<td>(43)-316-9067714 (43)-316-9067707</td>
</tr>
<tr>
<td>Bangladesh</td>
<td>Hypertension Committee of the National Heart Foundation of Bangladesh</td>
<td>Prof. Abdul Malik</td>
<td>Plot No. 7/2, Section-2 Mirpur, Dhaka-1216</td>
<td>(880)-2-804-914 (880)-2-863-720</td>
</tr>
<tr>
<td>Belgium</td>
<td>Belgian Hypertension Committee</td>
<td>Prof. Daniel Duprez</td>
<td>University Hospital, Dept. of Cardiology-angiology De Pintelaan 185, 9000 Gent</td>
<td>(32)-9-240-3480 (32)-9-240-3462</td>
</tr>
<tr>
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<td></td>
<td>Prof. Marc Leeman</td>
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<td>(32)-2-555-4454 (32)-2-545-54698</td>
</tr>
<tr>
<td>Brazil</td>
<td>Brazilian Society of Hypertension</td>
<td>Dr. Eduardo M. Krieger</td>
<td>Univ. Hospital, School of Med. Heart Institute – FMUSP P.O. Box 11.450 05499-000 Sao Paulo – SP</td>
<td>(55)-11-881-5048 (55)-11-881-5048</td>
</tr>
<tr>
<td>Bulgaria</td>
<td>Bulgarian Hypertension League</td>
<td>Prof. Choudomir Nachev</td>
<td>Medical Faculty, Clinic of Cardiology, 1, St. Georgi Sofiiski, Sofia 1431</td>
<td>(359)-2-658-159 (359)-2-517-278</td>
</tr>
<tr>
<td>Canada</td>
<td>Canadian Coalition for High Blood Pressure Prevention &amp; Control</td>
<td>Dr. Norman Campbell</td>
<td>The University of Calgary Dept. of Medicine 3330 Hospital Drive NW Calgary, Alberta, T2N 4N1</td>
<td>(1)-403-220-6882 (1)-403-283-6151</td>
</tr>
<tr>
<td>Chile</td>
<td>Chilean Society of Hypertension</td>
<td>Dr. Carlos Vio</td>
<td>Callao 2970 Of. 614 Santiago</td>
<td>(56)-2-233-6407</td>
</tr>
<tr>
<td>China</td>
<td>Chinese Hypertension League</td>
<td>Prof. Liu Lisheng</td>
<td>Cardiovascular Institute and Fu Wai Hospital, A 167 Beijingshi, Beijing 100037</td>
<td>(86)-10-858-5833 (86)-10-831-3012</td>
</tr>
<tr>
<td>Costa Rica</td>
<td>Costa Rican Hypertension League</td>
<td>Dr. José Fuchs</td>
<td>Hospital Mexico, Internal Medicine, Apart. 925, 1200 San José</td>
<td>(506)-238-948 (506)-296-3226</td>
</tr>
<tr>
<td>Croatia</td>
<td>Croatian Society of Hypertension</td>
<td>Prof. M. Marinkovic</td>
<td>KBC Rebro, Dept. of Medicine Div. of Nephr. &amp; Art. Hypertension Kispatieceva 12,41000 Zagreb</td>
<td>(38)-41-233-233 (38)-41-233-180</td>
</tr>
</tbody>
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*to be continued*
tension and the Philippine Heart Association wherein the PSH will spearhead projects related to policy formulation, planning and implementation of programs and projects regarding the management of hypertension. A similar memorandum of agreement is under consideration with the Department of Health for public information and dissemination of the hypertension control guidelines and other programs for hypertension control.

Dr. Ramón F. Abarquez, Jr.
President, Philippine Society of Hypertension
Unit 33 – Facilities Centre
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Fax: (+632) 531-1281

Impressum
The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

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E-mail: pmulrow@opus.mco.edu

Board:
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D. Kenten (Berlin-Buch), Past President
G. Fodor (Ottawa), Vice-President
P.J. Mulrow (Toledo, Ohio), Secretary General
K. Arakawa (Fukuoka), K.H. Rahn (Münster), members.
C. Lenfant (Bethesda), Special Adviser
T. Strasser (Geneva), Adviser, International Liaison
A. Chockalingam (Ottawa), Adviser, Patient Education Project
M.M. Ibrahim (Cairo), Adviser, Developing Countries

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Calendar

National Meeting of the Spanish Society and League of Hypertension
March 4–7, 1997, Barcelona, Spain
Information: Prof. José Rodicio,
Paseo de la Castellana, 201
28046 Madrid, Spain

6th Scientific Meeting of the Norwegian Society of Hypertension
March 6–9, 1997, Lillehammer, Norway
Information: Dr. Sverre E. Kjeldsen,
Ullevaal University Hospital, Dept. of Internal Medicine, Division of Cardiology
0407 Oslo, Norway

18th Annual African Health Sciences Congress in collaboration with the 14th Epidemiological Society of Southern Africa Conference
April 14–18, 1997
Cape Town, South Africa
Information: Conference Secretariat
Medical Research Council
PO Box, 19070 Tygerberg, South Africa

1st Eastern Mediterranean Congress on Preventive Cardiology and 10th Annual Iranian Congress of Cardiovascular Diseases
May 2–5, 1997, Esfahan, Iran
Information: The 1st EMPC Secretariat
Cardiovascular and Amin Research Centre, Amin Hospital
PO Box 81465, 1148 Esfahan, Iran

17th Council Conference of the World Hypertension League
June 28, 1997, Montréal, Québec, Canada
Information: Dr. Patrick J. Mulrow,
Secretary General, WHL
Medical College of Ohio, PO Box 10008
Toledo, OH 43699–0008, USA

4th International Conference on Preventive Cardiology jointly with the 37th Annual Meeting of the Council on Epidemiology and Prevention of the American Heart Association
June 29–July 3, 1997
Montréal, Québec, Canada
Information: The 4th ICPC Secretariat
122 Stanley Street, Suite 211
Montréal, Québec H3B 2S7, Canada