How far have we gone and where do we go from here?

The purpose of this Conference is to review what is being done for the control of hypertension, and to define what should be done.

Where are we, and where do we want to go?

What approaches do national high blood pressure control programs take?
- How should we assess the quality and effects of such programs?
- How should we control hypertension in developing countries?
- How should we approach primary prevention? What are the barriers?
- How can we establish national hypertension leagues and societies?
- How do we form country-wide programs?
- How can we assess the economics of hypertension control?
- How can we translate science into community action?
- How can we use the mass media to promote the control of hypertension?

These are the questions the World Hypertension League is asking; these are, we hope, the questions the present Conference will answer.

So, dear participant, roll up your sleeves!

Detlev Ganten
Thursday, June 22, 1995

Opening Session

8.30 h

Jacques Genest, Montréal: Welcome Address

Detlev Ganten, Berlin: 10 Years WHL – From Its Foundation to the World Conference of Hypertension Control

Arun Chockalingam, Ottawa: The Canadian Coalition: A Decade of Partnership in Prevention and Control of High Blood Pressure in Canada

Examples of National Hypertension Control and Cardiovascular Prevention Programs

9.15–10.30 h

Chairs: Claude Lenfant, Bethesda
       Kikuo Arakawa, Fukuoka

Sylvie Stachenko, Ottawa: Canadian Heart Health Initiative – A Countrywide CVD Prevention Strategy

Liu Lisheng, Beijing: Effects of Hypertension Control on Stroke Incidence and Fatality. Report from Syst China and Post Stroke Antihypertensive Treatment

H. W. Hense, Münster: Successful Modules of Community Hypertension Control Programs

Assessing Hypertension Control

11.00–12.30 h

Chairs: Teruo Omae, Osaka
        Pierre Larochelle, Montréal

Edward J. Roccella, Bethesda: Elements of Assessing Community Blood Pressure Control Programs in the USA

Ivan Gyárfás, WHO, Geneva: Teachings of Worldwide Experience Concerning Hypertension Control

Thomas Strasser, WHL, Geneva: Auditing Hypertension Control and Management

Daniel Lackland, Charleston: Proposal for an International Working Party on Assessing Hypertension Control in Populations
Thursday, June 22, 1995

**Control of Hypertension in Developing Countries**
14.00–15.30 h

**Chairs:**
- David R. MacLean, Halifax
- Cesare Dal Palu, Padua
- K. Srinath Reddy, New Delhi
- M. Mohsen Ibrahim, Cairo
- Oladipo Akinkugbe, Ibadan
- Jolanta Chodakowska, Warsaw

**Topics**
- Hypertension Control in Developing Countries and Economically Disadvantaged Communities
- The Egyptian Hypertension Program
- The Nigerian Hypertension Program
- Developmental Changes in Eastern Parts of Europe: Implications for Hypertension Control

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**Primary Prevention of Hypertension: Rationale, Approaches, Realities and Perspectives**
16.00–17.30 h

**Chairs:**
- S. Padmavati, New Delhi
- Darlene Abbott, Calgary
- Paul Whelton, Baltimore
- Lawrence J. Beilin, Perth
- K. M. M’Buyamba-Kabangu, Kinshasa
- Harbans Wasir, New Delhi

**Topics**
- Overview of the Problem
- Australian Perspectives with Emphasis on Childhood, Adolescence and Clustering of Life-Style Risk Factors for Hypertension and Cardiovascular Disease
- Perspectives of a Developing Country
- How to Approach Primary Prevention in India?
Friday, June 23, 1995

**Barriers to Hypertension Control**  9.00–10.30 h

**Chairs:**

- Gilles Dagenais, Montréal
- Talma Rosenthal, Tel Hashomer

- Heikki Karppanen, Helsinki
  Adherence to Non-Pharmacological and Pharmacological Therapy

- E.D. Frohlich, New Orleans
  Impact and Interpretation of Multiple Guidelines and Consensus Papers

- Eduardo M. Krieger, Sao Paulo
  Economic Barriers

- E. Greiser, Bremen
  Socio-Economic Status and Blood Pressure Control in Developed Countries

**Simultaneous “How To” Sessions:**  11.00–12.30 h

**How to Establish a National Hypertension League or Society**

**Chairs:**

- Adel E. Birbari, Beirut / Rok Accetto, Ljubljana

**How to form a National Blood Pressure Program**

**Chairs:**

- Edward J. Roccella, Bethesda / Ulrich Keil, Münster

**How to Assess the Economics of a Hypertension Control Program**

**Chairs:**

- Magnus Johannesson, Stockholm / Jacques Le Lorier, Montréal

**How to Translate Science Into Community Action**

**Chairs:**

- Pavel Hamet, Montréal / Andres Petrasovits, Ottawa

**Free Communications**  14.00–15.30 h

**Chairs:**

- B. Krupa-Wojciechowska, Gdansk / Ernesto Schiffrin, Montréal

**Reports from the “How To” Sessions**  16.00–17.30 h

**Chair:**

- Peter Sleight, Oxford
Use of Media and Other Vehicles to Promote Hypertension Control
9.00–10.30 h
Chairs: Choudomir Nachev, Sofia
Artur B. Ribeiro, Sao Paulo
Pedro Aranda, Madrid
Ruth von Blarer, Zürich
Jennifer Guy, Toronto
Sylla Consoli, Paris
Discussant: Peter Nilsson, Lund
Discussant: Frans Leenen, Ottawa
Discussant: Peter Sleight, Oxford

Secondary Prevention of Hypertension and Associated Risk Factors
11.00–12.30 h
Chairs: George Fodor, Ottawa
A. Zanchetti, Milan
Discussant: Manuel Velasco, Caracas
Peter Nilsson, Lund
Discussant: Diabetes and Syndrome X in Hypertension – Population Aspects
Thomax F. Lüscher, Bern
Frans Leenen, Ottawa
Discussant: Treatment and Prevention of Target Organ Damage
S. Padmavati, New Delhi

Closing Session:
Hypertension Control in Our World:
Agenda for the Coming Decade
Presentation and Discussion
12.30–13.00 h
Chairs: Detlev Ganten, Berlin
Peter Sleight, Oxford
The World Conference on Hypertension Control is jointly organized by the World Hypertension League and the Canadian Coalition for High Blood Pressure Prevention and Control.

The Conference is co-sponsored by Health Canada and the Canadian Hypertension Society.

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Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

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