Dear Colleagues,

On behalf of the Organizing Committee, we cordially invite each member organization of the World Hypertension League to attend the 17th WHL Council Conference and participate in the discussion.

The Council Conference will be held on the morning of June 28, 1997, in Montréal, Canada, immediately before an international workshop on hypertension and congestive heart failure. One day later, on June 29th, the 4th International Conference on Preventive Cardiology will start.

Congestive heart failure is a major cause of hospitalization and mortality in populations. Hypertension, even so-called "mild" hypertension, is the major risk factor for congestive heart failure. It is important that the medical community increase their knowledge and develop strategies to prevent this serious complication.

Among the topics for discussion will be the role of dietary salt and hypertension in the development of congestive heart failure in populations, and the methodology for accurately determining the prevalence of hypertension in a community. The workshop is co-sponsored by the Canadian Coalition for High Blood Pressure Prevention and Control.

The workshop will include presentations of selected abstracts from members, a discussion of the WHL/WHO Patient Education Project, and the nurses' role in educating the hypertensive patient.

Call for Abstracts from WHL Members

We are asking that each member league/society submit an abstract describing what is being accomplished by your hypertension league/society regarding the detection, control and prevention of arterial hypertension in populations. There are no special abstract forms. Please include the title, authors and their affiliations, followed by a description of the activities and results.

All of the abstracts will be exhibited in a poster session from 7:00 a.m. to 7:00 p.m. on Saturday, June 28, 1997. Six abstracts will be chosen by the organizing committee for oral presentation.

In addition, several presidents of member leagues/societies will be involved in panel discussions.

You may mail, fax, or email your abstracts to Dr. Mulrow's office in Toledo, Ohio, USA. The deadline for submission of abstracts is February 1, 1997.

These abstracts will be printed in the program and published as part of the 17th WHL Council Conference Report in the upcoming WHL Yearbook.
Montréal is a beautiful city, so let us join our Canadian friends as we work together to promote the detection, control, and prevention of arterial hypertension in populations. We are looking forward, on a personal basis, to greeting each of you at the Conference. See you in Montréal.

Dr. Peter Sleight
President

Dr. Patrick J. Mulrow
Secretary General

General Information

Organizing Committee Members

Dr. Norman Campbell
Dr. Arun Chockalingam
Dr. J. George Fodor
Dr. Patrick J. Mulrow
Dr. Jörg Pötzsch
Dr. Peter Sleight

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Site
The 17th WHL Council Conference and the WHL workshop will be held at the Palais des Congrès de Montréal, Canada. The official language will be English.

Date
Saturday, June 28, 1997

Registration
There is no registration fee for the 17th WHL Council Conference and the WHL workshop. There is a registration fee for the 4th International Conference on Preventive Cardiology. For further information on the 4th International Conference on Preventive Cardiology contact the 4th ICPC Secretariat
Garry Lou & Associates
1224 Stanley Street, Suite 211
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Announcement of the Final Program
The WHL Newsletter will keep you informed regarding any changes. You can also find updated information on a regular basis on the WHL’s homepage on the Internet at http://www.mco.edu/whl.

WHL Executive Board Meeting
Date: Friday, June 27, 1997, 18.00 – 20.00 h

17th WHL Council Conference
Date: Saturday, June 28, 1997, 08.00 – 10.00 h

Sponsor
The WHL gratefully acknowledges the support of Bayer AG.
Workshop on Control of Hypertension and Congestive Heart Failure in Populations
10.00-18.00 h
Program

10.00 – 10.30 Report on the Patient Education Project
10.30 – 10.45 Martha Hill
Nurses’ Role in Educating the Hypertensive Patient
10.45 – 11.45 Member Organizations
Presentation of six selected abstracts received
11.45 – 12.00 Peter Sleight
Summary
12.00 – 13.00 Lunch
13.00 – 13.30 Teri Manolio
Epidemiology of Congestive Heart Failure with Special Reference to Hypertension
13.30 – 14.00 William Kannel
Prevention of Congestive Heart Failure in Populations: The Importance of Hypertension Control
14.00-14.30 N.N.
Recent Advances in Treatment of Heart Failure:
- Beta-blockers
- ACE inhibitors
- Angiotensin receptor antagonists
- Other vasodilators
14.30 – 15.00 Panel Discussion:
Congestive Heart Failure
Chairman: Peter Sleight
- Four Presidents of Member Leagues
- Michèle Beevers: Nurses’ role
15.00 – 15.30 Coffee
15.30 – 16.00 Derek Denton
Role of Salt in Hypertension: Scientific Evidence

16.00 – 16.30 Paul Elliott
Intersalt Study Revisited:
Importance for Populations and Prevention of Hypertension and Congestive Heart Failure
16.30 – 17.00 Panel Discussion:
Salt Content of Food in Different Countries
Chairman: George Fodor
- Four Presidents of Member Leagues
17.00 – 17.30 Paul Whelton
Methodology for Determining Prevalence of Hypertension and Other Risk Factors in Populations
17.30 – 18.00 M. Mohsen Ibrahim
Application of Methodology to Egyptian Population
19.00 – 22.00 Reception, Dinner

Fiftieth issue of the WHL Newsletter
The World Hypertension League has published its Newsletter for more than 8 years now. This is the fiftieth issue. It was started in 1988 with about 2,000 copies per issue. Since then, its circulation has increased to more than 14,000 copies per issue. Together with its Chinese, Portuguese, and Italian translations, it reaches more than 50,000 opinion leaders and health care professionals in over 130 countries.

Subscription to the Newsletter is free of charge thanks to the generous support of this project by Les Laboratoires Servier. Let us take this opportunity to cordially thank Servier for their continuing commitment.

continued on page 4
Fiftieth issue of the WHL Newsletter continued

We look forward to keeping you informed on the life of our League.

People

The Canadian Coalition for High Blood Pressure Prevention and Control has a new board. The president is Dr. Norman Campbell, and the secretary is Ms. Vivian Ramsden c/o Saskatchewan Stroke Research Centre, Royal University Hospital, 5th Floor, Saskatoon, SK S7N 0W8, Canada.

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Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

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G. Fodor (Ottawa), Vice-President
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J.B. Cohn (Minneapolis), K.H. Rahn (Münster), members.
C. Lenfant (Bethesda), Special Adviser
T. Strasser (Geneva), Adviser, International Liaison
A. Checkalangam (Ottawa), Adviser, Patient Education Project
M.M. Ibrahim (Cairo), Adviser, Developing Countries
The WHL Newsletter is published bimonthly by the World Hypertension League.

Calendar

XIIth Scientific Meeting of the International Society of Hypertension
March 15 – 18, 1997
Mexico City, Mexico
Information: Dr. Jaime Herrera-Acosta
Instituto Nacional de Cardiologia I. Chávez, Dept. of Nephrology, Juan Badiano 1, 14080-Mexico City, Mexico

The 2nd International Seminar and 1st Cuba-Portugal Meeting on Cerebrovascular Diseases and Arterial Hypertension
April 22 – 25, 1997, Havana, Cuba
Information: Ms. Eva Paula Bravo
Palacio de Convenciones
Calle 146 e/11 y 13, Playa
Apartado 16046, La Habana, Cuba

The 2nd Scientific Meeting of the Hypertension in Diabetes EASD Study Group
April 25 – 26, 1997, Lund, Sweden
Information: Dr. Peter T. Sawicki
Dept. of Metabolic Diseases, Heinrich-Heine-University, PO Box 10 10 07, 40001 Düsseldorf, Germany

1st Eastern Mediterranean Congress on Preventive Cardiology and 10th Annual Iranian Congress of Cardiovascular Diseases
May 2 – 5, 1997, Esfahan, Iran
Information: The 1st EMCPC Secretariat
Cardiovascular and Amin Research Centre, Amin Hospital, PO Box 81465, 1148 Esfahan, Iran

2nd Pacific RIM Hypertension Conference
May 4 – 6, 1997
Manila, Philippines
Information: The Philippine Society of Hypertension, Unit 33
Facilities Center Bldg., 548 Shaw Blvd. City of Mandaluyong 1501, Metro Manila, Philippines

7th International Symposium on Cardiovascular Pharmacotherapy
June 1 – 6, 1997
Jerusalem, Israel
Information: The Secretariat 7th ISCP
PO Box 5006, Tel Aviv 61500, Israel

The WHL Newsletter is published with the support of Les Laboratoires Servier and their continuing commitment to care in hypertension.